

ATHLETE GUIDE

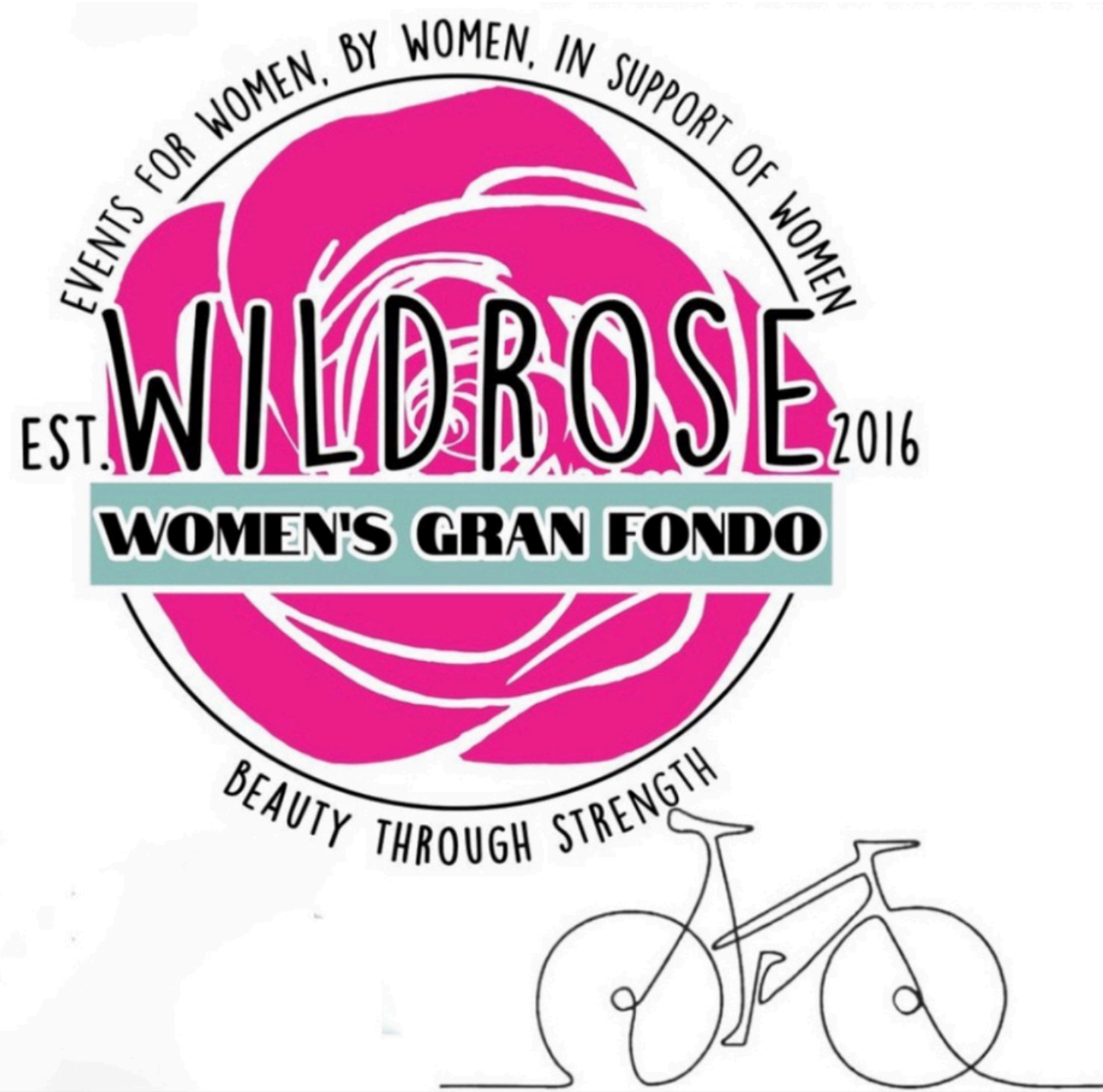
**Wild Rose
Women's Granfondo**

August 17th, 2025

This event is a Wild Rose Women's Event

WILDROSEWOMENSEVENTS.COM





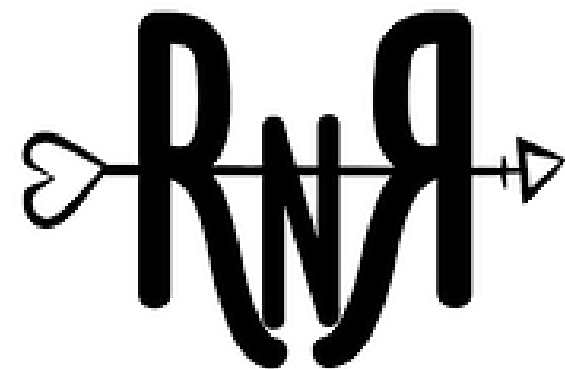
This bike ride is a perfect event whether it is your first or you are a seasoned cyclist. This welcoming, supportive environment makes for an incredible experience!

Wild Rose Women's Events puts on a number of events in and around Alberta each year. We are proud to bring you a professional event put on by women who have supported this community for the past 18 years. We certainly cannot do it without community and we thank you for your continued support.



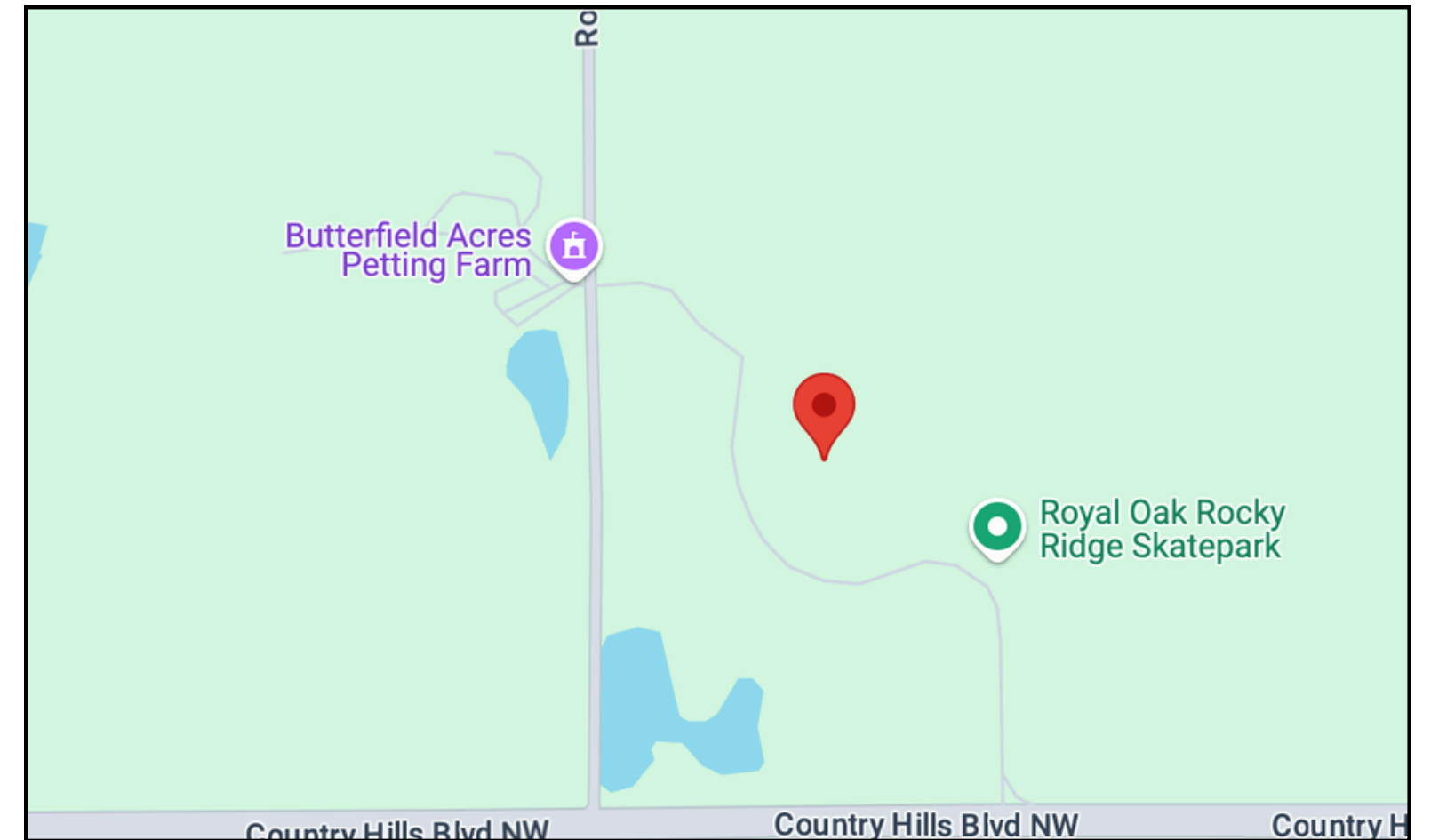
In the spirit of respect, reciprocity and truth, we honour and acknowledge Moh'kinsstis, and the traditional Treaty 7 territory and oral practices of the Blackfoot confederacy: Siksika, Kainai, Piikani, îethka Nakoda Nations: Chiniki, Bearspaw, Goodstoney and Tsuut'ina Nation. We acknowledge that this territory is home to the Otipemisiwak Métis Government of the Métis Nation within Alberta Districts 5 and 6. Finally, we acknowledge all Nations – Indigenous and non – who live, work and play on this land, and who honour and celebrate this territory.

This sacred gathering place provides us with an opportunity to engage in and demonstrate leadership on reconciliation. Thank you for your enthusiasm and commitment to join our team on the lands of Treaty 7 territory.



LOCATION

Shane Homes YMCA at Rocky Ridge
11300 Rocky Ridge Rd NW Calgary, AB



SCHEDULE

August 16th (Saturday) - Rocky Ridge YMCA

5pm - 7pm Race Package Pick Up

August 17th (Sunday) - Rocky Ridge YMCA

6:30am - 7:45am Package Pick Up

7:15am 75km Athlete Pre-Race Meeting

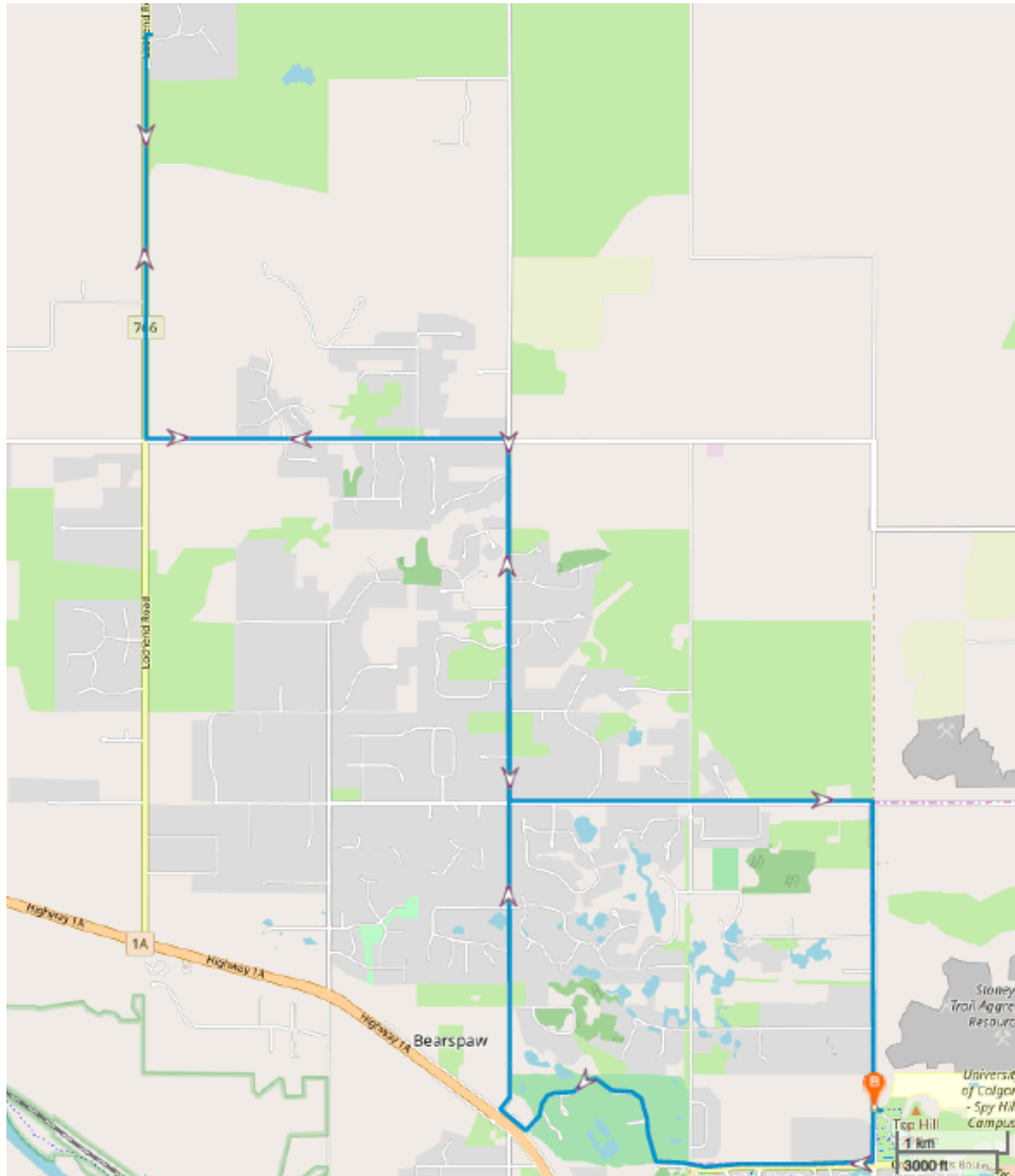
7:30am 75km Riders Start

8:45am 35km Athlete Pre-Race Meeting

9:00am 35km Riders Start

12:30am Course Closes

1:30pm Race Site/Expo Closes



35km BIKE

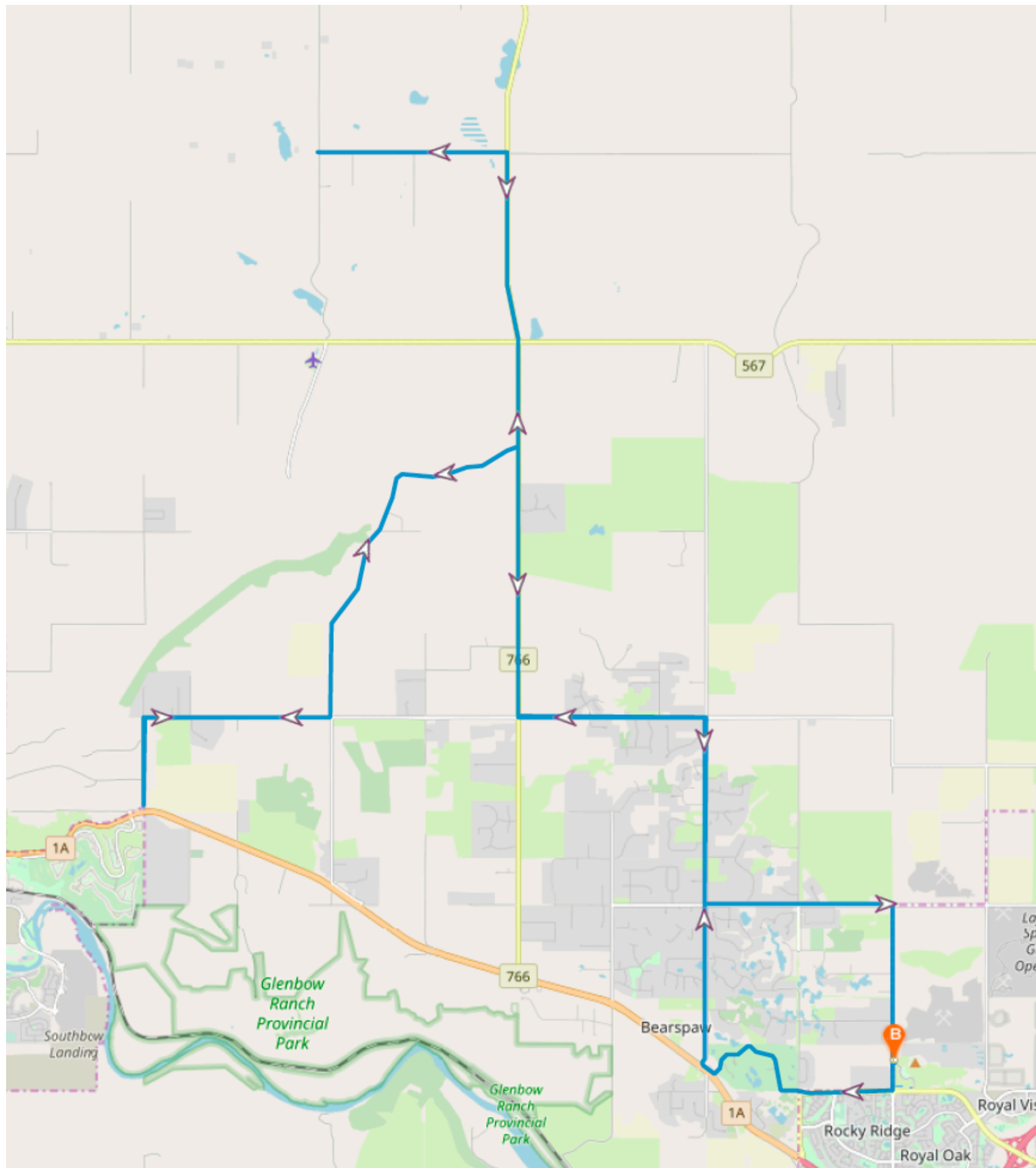
35km

Elevation Gain: 79m

Ride Start Time: 8:00am

Course Cut-Off: 12:30am

Aid Station: 17.5km



75km BIKE

75km

Elevation Gain: 109m

Ride Start Time: 7:30am

Course Cut-Off: 12:30pm

Aid Station: 17.5km, 36km and 58km

GRAN FONDO RULES

- you must have your number plate on your bike
- Wild Rose Women's Events allow all types of pedal bikes to be used
- (mountain bike, fat bike, e-bike, triathlon bike, road bike, cruiser, etc.)
- if you are on or even touching your bike, you must be wearing your helmet
- you may stop along the way - please pull off the road if you do so
- no one not entered in the race may accompany you under any circumstances
- If you decide stop, please report to a member of Wild Rose Women's Events on course so we can all in your number. This is so we can ensure we know who is still out on course.
- If you decide to change distances during the event, you must report to the timing/announcing booth at the finish line immediately upon crossing the finish line and inform them of your change.
- listen to the volunteers or flag person when making turns. WAIT until they say it is safe to turn. If at any point a volunteer or flag person tells you to STOP, please do so immediately! Volunteers and flag persons are there for your safety. They must balance doing what is right for traffic and racers.

RULES OF THE ROAD

- It is your responsibility to know the course. We will have signage and volunteers directing you, however you must know where you are riding, and where you are to turn around for your distance in the case signage becomes obstructed or removed from the course.
- All riders must RIDE SINGLE FILE.
- All riders will stay on the RIGHT HAND SIDE of the road along the shoulder alongside traffic. There are no designated lanes to cyclist as the roads are open to traffic at all times.
- The YELLOW LINE RULE will be strictly enforced (even when there is no yellow line marked on the road). In order to keep the event safe, you must stay on the far-right side of the road always. Any rider caught crossing the center line may be disqualified from the event.
- In case of lightning, the race may be delayed or cancelled. If you are informed that the event has been stopped due to lightning, you are advised to seek shelter until the event can resume. If the race is cancelled, there will be no refund issued.
- you are not allowed headphones at any point (this is to help keep you safe so you can hear volunteers and officials). Please note, this includes speakers as well.

RESULTS AND PHOTOS

RESULTS:

Results are done by Startline Timing.

<https://startlinetiming.com/>

Results will be posted a few hours after the event.

These are preliminary results. Please allow 24 hours for for final results to be posted.

If at that time you feel your time is incorrect, please email operations@startlinetiming.com and explain what the issue is.

Please note, Wild Rose Women's events, the race director, the staff, etc. do not have access to change or update the results in any way.

PHOTOS:

We always have incredible photographers who capture the day! The photos can take up to a week to sort, edit and upload. We will email a link to all participants as soon as they are ready. We know you are excited to see them as are we!

TRANSFERRING YOUR ENTRY TO ANOTHER DISTANCE OR ANOTHER PARTICIPANT

If you would like to change distances or transfer your entry to another participant; the deadline to do this is August 15th, 2025.

Step 1: Go to

WILDROSEWOMENSEVENTS.COM

Step 2: Click Alberta Wild Rose Women's Gran Fondo

Step 3: Click any of the buttons that say REGISTER

Step 3: On the right hand side below the logo, click TRANSFER

Step 4: Choose TRANSFER TO A NEW SUB-EVENT or TRANSFER TO A NEW PARTICIPANT

Step 4: follow prompts to complete transfer.



REGISTER

STORE

BUY AS A GIFT

TRANSFER

Transfer your registration

What kind of transfer do you want to initiate?



Transfer to a new sub-event



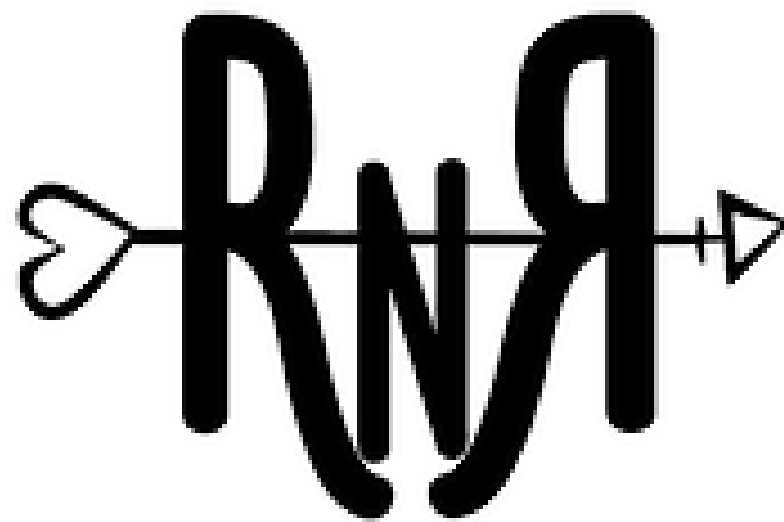
Transfer to a new participant

We look forward to seeing you!

If you cannot find the answer to your question, please email race director, Richelle Love at triitrichelle@gmail.com

We are always looking for volunteers.

If you know someone who would like to volunteer or you can volunteer at package pick up please head to WILDROSEWOMENSEVENTS.COM, go to your event and and click the VOLUNTEER tab at the bottom of the page.



For other great events go to
WILDROSEWOMENSEVENTS.COM
or
RNRPREMIEREVENTS.COM

